



NEW ZEALAND COLLEGE OF MIDWIVES (INC)

Consensus Statement

Alcohol and Pregnancy

This Consensus Statement was ratified at NZCOM Annual General Meeting 25 August 1995

References updated January 2001, 2009

Statement reviewed April 2005, 2009

There is no known safe level of alcohol consumption during pregnancy. Therefore parents planning a pregnancy and women who are pregnant should be advised not to drink alcohol.

Resources

- Alcohol Advisory Council of New Zealand (ALAC)
PO Box 8391
Auckland
www.alcohol.org.nz
- Foetal Alcohol New Zealand Trust (FANZ)
PO Box 99 407
Newmarket Auckland
Telephone 520 7037
www.everybody.co.nz
- Alcohol Healthwatch
PO Box 99 407
Newmarket Auckland
www.ahw.co.nz
- Alcohol Advisory Council of New Zealand
PO Box 5023
Wellington
www.alcohol.org.nz

References

Title: [Alcohol and Pregnancy](#)
Author: Foetal Alcohol New Zealand Trust
Source: PO Box 99 407
Newmarket Auckland

Title: [Foetal Alcohol Syndrome and Foetal Alcohol Effects](#)
Author: Foetal Alcohol New Zealand (FANZ)
Source: PO Box 99 407
Newmarket Auckland

Title: Foetal Alcohol Syndrome Information Kit
Author: Foetal Alcohol New Zealand Trust
Source: PO Box 99 407
Newmarket Auckland

The purpose of New Zealand College of Midwives Consensus Statements is to provide women, midwives and the maternity services with the profession's position on any given situation. The guidelines are designed to educate and support best practice.
All position statements are regularly reviewed and updated in line with evidence-based practice.