



## Published Research Article Reflection

Journal articles can be used to gain Midwifery Council Recertification Programme continuing midwifery education hours. Midwives are expected to read the article, consider it carefully and then reflect on their learning from the article and how it may be applied (if applicable) to their midwifery practice.

This learning reflection tool has been developed to provide evidence of your reflection and should be kept in your midwifery portfolio. You can claim 1 hour per article to a maximum of 3 hours per year, as for completion of other research article reflections. Articles may only be reviewed once.

**Your Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Journal:** New Zealand College of Midwives Journal **Issue:** \_\_\_\_\_ **Year:** \_\_\_\_\_ **Pages:** \_\_\_\_\_

**Title of Article:** \_\_\_\_\_

**Author(s):** \_\_\_\_\_

The following questions are provided as a guide but you may choose to use a different format.

Why did you choose this article? What did you consider important or useful for your midwifery practice?

Does reading the article relate to your professional development goals as identified at your Midwifery Standards Review? If so how?

What did you learn? (Consider and summarise the key points.) Do you think this will influence your practice?

Does this paper raise any issues for your midwifery practice? Will you share the findings with women/colleagues?

Did the research article stimulate further questions or lead to further activities, such as journal club discussion or audit activities? If so what/why?