



Perinatal Anxiety & Depression Aotearoa
invites you to the

2019 PADA Seminar Series Whanganui – 16 October

Information and Networking about
Antenatal & Postnatal Anxiety and Depression

These seminars provide professional development for those supporting families affected by mental illness related to pregnancy, childbirth and early parenthood. When participants leave each seminar, they will better understand how these topics impact families and have strengthened their knowledge and skills to help improve perinatal outcomes.

Liora Noy

PADA

*A holistic approach to breastfeeding issues
and maternal well being*

Frances Mason & Karen Kjestrup

AoD Clinicians - Whanganui DHB

Use of drugs & alcohol during pregnancy

Brendon Smith

Kidz Need Dadz

Perinatal Mental Health & Dads

Dr Joanne Stephen-Tastard

Whanganui DHB

*ACE's – Adverse Childhood Experiences
How you can be part of the solution!*

Joanna Heap

Supporting Parents, Healthy Children (COPMIA)

Dr John McMenamin

Fetal Alcohol Spectrum Disorder (FASD)

Pauline Humm-Johnson

Whanganui DHB

Maternal Mental Health

These seminars will be of particular value to:
*Midwives, Social Workers, Psychologists, Nurses,
GPs, Family Community Support Workers,
Psychotherapists, Counsellors, Childbirth Educators,
HR Professionals, Mental Health Clinicians, Early
Childhood Educators*

Wednesday 16 October

8.30 am – 4.30 pm

Lecture Theatre
Whanganui DHB
100 Head Rd
Whanganui

**Attracts 8 Midwifery Continuing Education Hours
& GP 6CME Credits**



Registration Options

- Non Member Earlybird rate \$100 or full rate \$140
 - PADA Member Earlybird rate \$85 or full rate \$125
 - Full time students Earlybird rate \$85 or full rate \$125
- *Early bird payment cut off is 16 September*

Registrations now open – click on link to register

<https://forms.gle/rELvxue9eUqz3KpKA>



Email: events@pada.nz Phone: 04 4616318 www.pada.nz