



Perinatal Anxiety & Depression Aotearoa  
invites you to the

# 2019 PADA Seminar Series

## Taupo – 24 October

Information and Networking about  
Antenatal & Postnatal Anxiety and Depression

These seminars provide professional development for those supporting families affected by mental illness related to pregnancy, childbirth and early parenthood. When participants leave each seminar, they will better understand how these topics impact families and have strengthened their knowledge and skills to help improve perinatal outcomes.

### Brendon Smith

Kidz Need Dadz

*Perinatal Mental Health & Dads*

### Tim Gutteridge

Social Worker – Rotorua Lakes DHB

*Update on Marce conference*

### Liz Carrington

Maternal Mental Health – Rotorua Lakes DHB

*The importance of the first thousand days & The consequences of disruption to relating during this time*

### Gael Te Rangi

Well Child Tamariki Ora Nurse – Tuwharetoa Health

*Well Child/Tamariki Ora – referring to mental health services*

### Clare Barnett

Counsellor/Midwife/Nurse

*Using the Edinburgh Postnatal Depression Score*

### Regan Burns

Maternal Mental Health – Taupo Lakes DHB

*A personal journey with PND, triage, medication, MMH Pathway*

### Cathy Bunting

Sands Taupo

*Grief and Loss*

### Michael O'Connell

Lakes DHB

*Direction of Perinatal Mental Health*

These seminars will be of particular value to:  
*Midwives, Social Workers, Psychologists, Nurses,  
GPs, Family Community Support Workers,  
Psychotherapists, Counsellors, Childbirth Educators,  
HR Professionals, Mental Health Clinicians, Early  
Childhood Educators*

**Thursday 24 October**

8.30 am – 5 pm

Tauhara Room  
REAP Central Plateau  
73 Titiraupenga St  
Taupo

**COGS**  
Community Organisation  
Grants Scheme

**Attracts 8 Midwifery Continuing Education Hours  
& GP 6CME Credits**

### Registration Options

- Non Member Earlybird rate \$100 or full rate \$140
- PADA Member Earlybird rate \$85 or full rate \$125
- Full time students Earlybird rate \$85 or full rate \$125

*\*Early bird payment cut off is 7 October*

Registrations now open – click on link to register

<https://forms.gle/kKz2Mj8fxoPekXDH6>

Email: [events@pada.nz](mailto:events@pada.nz) Phone: 04 4616318 [www.pada.nz](http://www.pada.nz)

