

## COVID-19 Alert level 4

### Information for Midwives: 7 April 2020

This advice is specific to the COVID 19 Alert level 4 which requires everyone, including pregnant women and their families to stay at home – unless they require an essential service. Accessing midwifery care in both the community and hospital are essential services during this time. Please refer to *Guidance for frequency of contacts for community midwifery care for women/wāhine and babies/pēpi during alert level 4* for fuller guidance.

**Midwives should continue to use their clinical judgement to determine the optimum number of midwifery contacts for each woman within their care. Some women and babies may require additional face to face contact to undertake physical assessment.**

### Flow chart schedule of Visits for Postnatal Care

