



Published Research Paper Reflection

New Zealand College of Journal papers can be used to gain Midwifery Council Recertification Programme continuing midwifery education hours. Midwives are expected to read the paper, consider it carefully and then reflect on their learning from the paper and how it may be applied (if applicable) to their midwifery practice.

This learning [reflection tool](#) has been developed to provide evidence of your reflection and should be kept in your midwifery portfolio. You can claim 1 hour per paper to a maximum of 3 hours per year. Papers may only be reviewed once.

Your Name: _____ **Date:** _____

Journal: New Zealand College of Midwives Journal **Issue:** _____ **Year:** _____ **Pages:** _____

Title of Paper: _____

Author(s): _____

The following questions are provided as a guide but you may choose to use a different format.

Why did you choose this paper? What did you consider important or useful for your midwifery practice?

Does reading the paper relate to your professional development goals as identified at your Midwifery Standards Review? If so how?

What did you learn? (Consider and summarise the key points.) Do you think this will influence your practice?

Does this paper raise any issues for your midwifery practice? Will you share the findings with wāhine/women or your colleagues?

Did the research paper stimulate further questions or lead to further activities, such as journal club discussion or audit activities? If so what/why?