

REFLECTION ON JOURNAL ARTICLE

New Zealand College of Midwives Journal Te Hautaka o Te Kāreti o ngā Kaiwhakawhānau ki Aotearoa

The College Journal articles can be used to gain hours for Te Tatau o te Whare Kahu | Midwifery Council Recertification Programme continuing midwifery education. Midwives are expected to consider the article carefully, then reflect on their learning from it and how this may be applied to their midwifery practice or role.

This learning [reflection tool](#) has been developed to provide evidence of your reflection and should be kept in your midwifery portfolio. You can claim 1 hour per article to a maximum of 3 hours per year. Articles may only be reviewed once.

Please include the following information.

Your name:

Date of reflection:

Article title:

Author/s:

Year of publication:

Journal issue number:

Article DOI:

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The following questions are provided as a guide but you may choose to use a different format.

Why did you choose this article as being important or useful for your midwifery practice or role?
Does the article relate to your professional development goals as identified at your Midwifery Standards Review? If so, how?
What did you learn? Will this influence your practice or role? How?
Will you share the findings with whānau or your colleagues?
Did the article stimulate further questions or lead to further reading, research or other activities, such as journal club discussion or audit activities? If so, what/why?

Midwives may consider undertaking a critical appraisal to assess the quality of the article. Checklists for a wide range of research methodologies are available at [CASP: Critical Appraisal Skills Programme](#).